Welcome Packet
2nd Africa Regional Conference
August 6-8
Nairobi, Kenya

Co-hosted with:

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I. Introduction

Good Deeds Day is an annual tradition of good deeds. All over the world, hundreds of thousands choose to volunteer and help others, putting into practice the simple idea that every single person can do something good, be it large or small, to improve the lives of others and positively change the world. The Day was initiated in 2007 by businesswoman and philanthropist, Shari Arison, and launched and organized by Ruach Tova (NGO), a part of The Ted Arison Family Foundation, the philanthropic arm of the Arison Group. “I believe that if people will think good, speak good and do good, the circles of goodness will grow in the world. Good Deeds Day has become the leading day of giving and this year nonprofit and corporate leaders from across the African continent will come together to discuss strategies & trends in volunteerism, partnerships with corporates & other stakeholders to boost Africa’s socio-economic growth, and other key topics.

This year, Good Deeds Day has partnered with the Volunteer Involving Organization Society to host the 2nd Africa Regional Conference in Kenya from 6th to 8th August 2019 at the Boma Hotel, Nairobi County. The regional conference is hosted under the following theme:

“Doing a World of Good: Leveraging Corporate Volunteering, Youth Engagement & Partnerships for Africa’s Socio-Economic Growth”

II. Visitors To Kenya

1. General Information

The Republic of Kenya is located on the Eastern Coast of Africa, right on the Equator. It is a land of striking landscapes, ranging from snow-capped Mount Kenya to rich farmlands, barren deserts and tropical beaches. It borders Somalia, Ethiopia and South Sudan to the North, Uganda to the West, Tanzania to the South, and the Indian Ocean to the East. Kenya’s capital city is Nairobi, the Green City under the Sun. Other major cities are Mombasa, the main port on the Indian Ocean, and Kisumu on Lake Victoria. Kenya is one of the world’s most popular tourism destinations attracting millions of tourists over the past years. The country is endowed with attractive tourist sites, rich culture, striking geographical diversity and landscapes ranging from beautiful beaches, to animal parks and archaeological sites. Kenya is the only country in the world with a national part in the Capital City.
2. Jomo Kenyatta International Airport (JKIA) in Nairobi
The airport is in the Embakasi suburb, 15 kilometers from Nairobi's central business district and 14 kilometers from the Boma Hotel in South C. Participants arriving through JKIA may request assistance from the following VIO support staff:

- Michael Ager
  Phone: +254 718 055457

- Petronila Ngúono
  Phone: +254 796470222

- Fredrick Sadia
  Phone: +254 724408810

Group airport pick up times will be announced a week prior to conference start.

3. Time Zone
Kenya is GMT +0300 hours

4. Visas
A valid passport, not expiring for at least six months from the date of arrival, is required for entry into Kenya. A valid entry visa is also required for most countries and may be obtained in advance from the Kenyan Embassy/High Commission in your country of residence. In the absence of either, the British Embassy will generally represent Kenya in the issuance of visas. For more information, please visit: www.immigration.go.ke/types-of-visas/. Please note that it is the delegate’s responsibility to obtain a valid entry visa to Kenya. The information provided herein acts only as guidance.

Please note that visas are not required for citizens of: Botswana, Mauritius, Seychelles, , Namibia, The Gambia, Burundi, Tanzania, Rwanda, Ghana, Uganda, Sierra Leona, Zambia, Lesotho, Zimbabwe, Malawi, South Africa (For less than 30 days stay).

The following countries require entry visa to Kenya:

Algeria, Angola, Benin, Burkina Faso, Cape Verde, Central African Rep., Chad, Comoros, Congo (Brazzaville), Cote d’Ivoire/ Ivory Coast, Djibouti, Democratic Republic of the Congo (Kinshasa), Egypt, Equatorial Guinea, Gabon, Guinea, Guinea Bissau,
Liberia, Madagascar, Morocco, Mozambique, Niger, Nigeria, South Sudan, Sudan, Togo, Tunisia

More details can be found here: www.kenyaembassy.com/visarequired.html

Kenya is discontinuing issuance of Visas on arrival and therefore participants requiring visas are encouraged to apply for a visa online on this link: https://immigration.ecitizen.go.ke/index.php?id=5

Visas may also be obtained upon arrival at Jomo Kenyatta International Airport in Nairobi. The single entry visa fee is USD 50 (www.kenyaembassy.com/visa.html).


5. Health

A yellow fever vaccination certificate is mandatory for travelers coming from countries where yellow fever may occur. Immunization against yellow fever is recommended for travelers from other countries. The International travel, health and vaccination requirements for travel to Kenya can be obtained from the Centers for Disease Control and Prevention's website at the following link: wwwnc.cdc.gov/travel/destinations/traveler/none/kenya?s_cid=ncezid-dgmq-travel-single-001

Malaria risk exists throughout the year in Kenya; though there is little risk in Nairobi, therefore it is advised that you take precautions while travelling out of these areas. Kindly note that any medical costs incurred during your stay in Kenya shall at your personal expense. It is therefore strongly recommended that participants arrange for personal health insurance. (See IV3. Emergency Numbers which include numbers of nearby hospitals).

Kenya has temporarily lifted restrictions from previously Ebola stricken countries. However, visitors entering Kenya may still be required to undergo screening upon arrival at Jomo Kenyatta International Airport.
6. Security

VIO and the Kenyan Authorities are working closely together to ensure that all precautionary measures are taken for participant’s safety and security. VIO advises all participants to contact the hotel directly for accommodation and meals plan and do reservation at: http://www.theboma.co.ke/ or any other hotel of their choice. For other options, we will advise accordingly based on request made well in time.

A detailed security handbook will be provided to participants upon arrival at the Boma Hotel.

7. Weather

The weather in Nairobi during the month of August tends to be warm and temperate. Dry season (Jul–Sep) is peak travel. There are 2 rainy periods: Apr–May and Nov. The average temperature is expected to be at 22ºC but can drop to 11ºC, particularly in the evening and throughout the night. It would be advisable to carry some warm clothing. Current weather conditions in Kenya can be found at: http://worldweather.wmo.int/en/city.html?cityId=251

8. Electricity

The electrical currents in Kenya are 220 - 240 Volts, 50 Hertz. Kindly note that Kenya uses the 13A 3pin wall switch socket outlet.

9. Official Languages

The official languages of the Republic of Kenya are English, Swahili and sign language.

10. Money and Banking

- Currency and exchange rates:

  The official currency of the Republic of Kenya is the Kenya Shilling (KES). The current exchange rates are:

  **1 US Dollar = KES 98.00  1 EUR = KES 109.00**

  Foreign currency can be changed at JKIA, banks, foreign currency Exchange Bureaus or hotels. Banks in major centers are open from 09:00 to 16:00hrs Monday to Friday and from 09:00 to 12:00hrs on the Saturdays.
The National Bank currency exchange bank is available in the Boma Hotel compound in Nairobi.

- **ATMs:**
  
  ATMs are available country wide with 24 hour access. Major international cards are accepted. Credit card fraud occurs in Kenya as in most other parts of the world. The usual precautions should be taken.

- **Travelers’ cheques:**
  
  Travelers’ cheques are accepted at most banks, foreign currency exchange bureaus, hotels and stores in major malls.

11. **Dress Code**

Official Business attire

12. **The Boma Hotel**

The Boma Nairobi has 148 luxury deluxe guest rooms, restaurants, spa & health club and conference facilities that will cater for your needs. Situated in an art nouveau building, the upmarket hotel equipped high end facilities is ideally located between the Jomo Kenyatta International Airport and the Central Business District - this greatly works for business travelers who don't want to be caught in the hustle and bustle of Nairobi traffic.

Communication network is very strong and the facility is Wi-fi enabled. There is constant supply of electricity with minimal black outs.

The hotel has tight security procedures and is manned by CCTV cameras with security guards throughout the day and at night. In addition, the hotel is well lit in the compound. The weather is sunny during the month of August as the hotel is located at the heart of the capital city.

There are several police stations in South C which are accessible 24/7. There are several health facilities located near the hotel with more hospitals in town, including the national referral hospital, Nairobi.
III. Registration

All participants need to be registered prior to attending the regional conference to be allowed access. Registered participants will be screened and are advised not to bring weapons, ammunition, inflammable items or sharp objects. The participants will be issued with badges and are advised to wear the badge at all times during the conference.

1. Pre-Registration

All participants must pre-register online by August 4, 2019 through this link: www.good-deeds-day.org/conferences/africa-regional-conference-2/

2. On-site Registration

Collection of the participants badge and verification of personal details will be done onsite on 5th and on 6th August 2019.

3. Registration Fee

The participant's registration fee is USD 150. Find full payment instructions here: www.good-deeds-day.org/wp-content/uploads/2019/03/Africa-2020-Payment.pdf

4. Meals

Breakfast and lunch will be provided during the conference period. However, participants may carry personal money to purchase food not offered under the conference package.

5. Medical Services

The KRCS Emergency Medical Services and first aid assistance, including on-call (24-hour) ambulance services are available.

IV. Other Information

1. Accommodation in Nairobi

Any other reservations should be made directly with the hotel on their website: www.theboma.co.ke/

Hotel rates can be found here: www.good-deeds-day.org/wp-content/uploads/2019/03/Africa-2020-Payment.pdf
2. Shuttle and Taxi Services

The Boma Hotel will provide courtesy shuttle services at a cost to and from the airport. The VIO Team will ensure close coordination with Hotels for ease of Airport Transfers.

3. Emergency numbers

Kenya Red Cross Ambulance: 0700395395

Kenyan Police: +254 999 or +254 (20) 2724201

Diplomatic Police: +254 (0) 726283030 or +254 (0) 735356506

Nairobi Hospital: +254 (20) 2845000

Aga Khan Hospital: +254 (20) 3662000