



Activity Ideas Guide





Browse selected projects from around the world and choose how you'll do good on Good Deeds Day.

We've split projects into three categories:

- 1) Easy, last minute projects*
- 2) Doing good with friends and family*
- 3) All-star projects*

Easy, last minute projects

Want to volunteer ASAP? Take a look at these options – they each only take a few minutes to a few hours to plan!

Community Library

A community library is an easy way to do something nice for your friends or neighbors. Simply place an empty shelf or bookcase in your neighborhood's communal space and ask everyone to bring a book or two that they like to the library. Soon enough you'll have a real community project going on.

***Tip:** this is a really good project to do in your office!*

Secret Santa

An office secret Santa is an easy way to create cheer, even months after the holiday season. You could incorporate a

theme such as DIY or recycled gifts.

***Tip:** create and share a list of your colleagues' or friends' likes and dislikes so everyone gets something they love!*

Send Packages to Soldiers

Send a piece of home to soldiers who are away. The care package can include homemade cookies, nice treats, a letter and more.

***Tip:** decorate the boxes for an extra touch. Great for kids!*

Reading to Kids with Disabilities

Story-telling is a safe bet when it comes to activities with kids. Visit a local kindergarten or community center and read a story to kids. It's a great way to pass an hour, for you and for them.

***Tip:** props and costumes make story-time extra special.*





Coffee for Good

Get a cup of coffee for a coworker, friend or even a stranger, and ask them to pay the gesture forward. You can even approach a coffee shop and ask them to promote the idea.

Tip: ask the shop to place a [Pay-It-Forward sign](#) to encourage others to join in!

Get Well Cards

Write letters to sick children or long-time patients at the hospital. Even if each person writes just a single letter, a group could really make a huge difference!

Tip: encourage your volunteers to add a return address and keep in touch with the person receiving the letter.



Art Supplies

A lot of disadvantaged kids don't get to study art. Collect and donate art supplies to community centers to make art more accessible to them.

Tip: if you're an artsy person, offer giving out free art classes

Help Carry at the Supermarket

Carrying groceries can sometimes be hard for the elderly population. Help them with their shopping! Assist elderly shoppers in carrying their shopping bags. This activity can be extended to include assistance with shopping trolleys in supermarkets and shopping centers, assistance with unpacking the bags at home, reorganizing the contents of the refrigerators etc.

Tip: hand out reusable bags to be more environmentally friendly.

Book and Toy Drive

Place a box in a communal area and collect toys and books in good condition and donate them to a charity, orphanage or community center.

Tip: have an activity for the children with your volunteers when they drop the items off.



Doing good with friends and family

These opportunities could be whipped up in a few short days, and are classic volunteering opportunities you can do with friends or family members.

Cleaning Community Centers

A lot of community centers have maintenance issues and are often dirty or messy. Give them a fresh vibe by helping out - cleaning up rooms, reorganizing equipment and more.

***Tip:** divide and recycle the trash you clean up.*

Computer Lessons for the Elderly

Use your computer skills for a fun few hours in an elderly home! Show the residents basic computer skills to help them pass time, and also helping them communicate with loved ones on a daily basis!

***Tip:** partner up with an elderly home and visit again!*

Celebrating a Holiday

A holiday is always a reason to party! Both Passover and Easter are days away from Good Deeds Day, so it's the perfect time to throw a spring-themed party! You could invite friends and coworkers and go party with the elderly or with children and really cheer them up.

***Tip:** make your party extra special by inviting children with disabilities to join in on the fun!*

Sing-along with the Elderly

Visit an elderly home. Cheer seniors up by playing some music, singing along, dancing with them, etc. You can also decorate the room; bring instruments and microphones, and more!

***Tip:** print out lyric sheets to hand out at the event!*



Visiting Hospital Patients

Hospital patients are often alone or bored. Brighten up their day by paying them a visit. Group activities could also be fun - playing games with sick kids, reading to elderly patients, etc.

***Tip:** musical instruments bring these visits to the next level!*



Educating Kids About Road Safety

Road safety is extremely important to teach to young kids. Visit a kindergarten, school or youth center, and teach about the importance of the subject. You can even incorporate fun activities for maximum enjoyment.

Tip: bring information sheets or posters for the kids to keep.

Tutoring Youth with Learning Difficulties

Pass your skills and knowledge to someone younger by giving them a free private lesson in subjects they need help with. This can be a one-time thing, or you could work with the child all year round!

Tip: get a list of the students who need help, match them up with friends or coworkers who can tutor them!



Office Picnic

April days can sometimes be cold, but picnic lovers mustn't fret - you can have a picnic in your own office! Set blankets in a communal area or conference room, bring snacks and treats, and share a nice meal with your office mates. That way you'll be getting to know your coworkers, while keeping warm indoors.

Tip: get permission from your boss or HR manager to use your chosen space.

Activities with Children with Disabilities

Reach out to special populations and plan fun happenings to break your routine. Activities can include arts and crafts, reading stories, playing sports or anything else that comes to mind.

Tip: if the weather is nice, go outside to a park!

Volunteering in an Animal Shelter

Everyone knows animal shelters can always use an extra hand. Shelter dogs are kept inside for most of the day and will definitely be happy to take a long walk outside. Visit your local shelter and ask about ways you can help.

Tip: get matching t-shirts for your volunteers to wear! Puppies always call for a photo-op.



Street Store

Collaborate with an organization for the homeless - collect donations and open your store up to people in need! More information at: Thestreetstore.org

***Tip:** [sign-up](#) and receive posters and Good Deeds Day designed hangers - they're very useful!*

Care Kits

Make care kits that include toothbrushes, soap, clean socks etc. to donate to local shelters. They don't cost much, but they make all the difference!

***Tip:** hygiene products are always useful in homeless shelters.*

Cleaning Parks

Pick up trash in a local park or nature reserve. You'll be benefiting the environment and other visitors around you.

***Tip:** after you're done cleaning, invite your volunteers to a picnic in the nice, clean environment you've created.*

Give and Take Market

A community market where everyone brings something they don't need and take something else in return. One man's trash is another man's treasure! You'll be saving everyone money, and minimizing waste.

***Tip:** donate whatever you have left at the end of the day!*

Writing a Memoir

A lot of elderly people have amazing life stories. Help them pass those stories to the next generation by writing them down! Visit an elderly home and talk to the residents, hear their stories, take notes or even record your meetings. Edit and print the stories out for the elderly to enjoy and pass onward.

***Tip:** get a publishing house interested in publishing your final story collection!*





Second Hand Store

Have everyone in your office donate different items. Re-sell them for low prices, and donate all the profits to charity. A simple and easy way to give back!

Tip: *racks are the best way to display clothes for sale.*

Community Garden

Build an urban garden and add some color to your neighborhood! Plant vegetables for all to enjoy. Just make sure that there's someone to tend to the garden all year long.

Tip: *get permission from your municipality to use your chosen space.*



Birthday Party for At-risk Youth

Contact a center for at-risk children and work together to throw an awesome birthday party for children born that month. Simple activities like playing games and dancing could really make their special day more special!

Tip: *decorations are more important than presents!*

Bake Sale

Put your baking skills to good use. Bake cakes or cupcakes and sell them in central locations in your community, and donate the proceeds to charity. You can also ask friends and coworkers to donate baked goods or bake together.

Tip: *home-made is the best. If you're feeling up for the challenge, make them gluten-free or vegan.*

Create-A-Thon

Not into running? There are different kinds of marathons you can host to do good. Create-A-Thons are a great opportunity to craft together with friends. You can either sell or donate your creations after you're done.

Tip: *[the finger knit](#) is a super easy way to knit scarves.*



All-star projects

These all-star ideas take a little more planning and organizing, but trust us when we say they're worth it!

Volunteer Fair

Expose your colleagues to a variety of volunteer opportunities by sharing information through a volunteer fair, organized with reps from local organizations.

Tip: reach out to a volunteer center in your area- they will know of all the relevant organizations for your event.

Free Lectures

Give out free lectures at a local community center or nursing home. Share experiences from a recent trip, talk about what you do for a living, or anything else you feel like telling the world about! A fun community night made easy.

Tip: organize a night of short lectures on different topics with friends or coworkers.

Good Deeds Fair

A Good Deeds Day fair is a beautiful way to celebrate doing good! Booths manned by local charities, a hair-donation stand, a toy drive, activities and performances - the sky is the limit!

Tip: hang posters inviting people to attend.

Blood Drive

In cooperation with a local health organization such as Red Cross, organize a blood drive. Invite friends and coworkers to donate blood and sign up to a bone marrow database. Such a small thing could end up saving someone's life.

Tip: reach out to an organization like Red Cross and ask their help organizing your event.



Self-Defense Class

Start a self-defense class in your neighborhood, to better protect yourself and your neighbors.

Tip: use posters and online community groups to spread word about the class and get as many people to attend.

Beautifying Playgrounds

A fresh coat of paint could go a long way for an old playground. Bring new life to a local park by painting the facilities and making them nicer and more approachable to the children in your community.

Tip: use durable paint so that weather doesn't ruin your work!



Renovating Buildings

Renovations are always a fun and inspiring way to do good in your community. This isn't only for professionals (though their help is always appreciated) - anyone can give a new coat of paint to an old building and make the whole neighborhood a little nicer.

Tip: partner with a construction company for professional help.

Group CPR Course

You never know when CPR knowledge might come in handy. Get a group of friends or coworkers together to attend a CPR course. You could be saving someone's life by education yourself on the matter.

Tip: reach out to an organization who does CPR courses for groups to send a certified instructor to your meeting.

Recycling Electronic Waste

Encourage recycling of electronic waste by setting up an e-waste drop off station at your office for discarding devices such as: cell phones, computers, monitors, televisions, printers, etc. Materials found in electronic devices are extremely hazardous, containing lead, mercury, arsenic and cadmium.

Tip: find out where you can recycle what you collect afterwards.

Recycling Fair

Promote recycling by spreading recycling bins around your community, hanging posters supporting the cause and you can even teach DIY ideas that involve repurposing of old items to minimize wastage.

Tip: find out where you can recycle what you collect afterwards.



Adoption Fair

Host an adoption fair! Collaborate with your local animal shelter and convince locals to adopt themselves a furry friend.

Tip: *before the fair, take photos of the pets up for adoption and use them to publicize the event.*

Sports Tournament

Organize a marathon or sports match. Ask pillars of your community to join, and invite kids from an orphanage or a center for children at-risk too. You can use this occasion to raise funds and donate it to a charity of your choice!

Tip: *hand out shirts to your volunteers.*

Food Picking / Distributing

Many farms have excess fruits and vegetables that can be donated to soup kitchens and other organizations. Locate a farm or orchard where farmers could donate their excess crops. Get in touch with local organizations that can use the fruit and vegetables harvested, soup kitchens and food banks are always a good choice. Gather a group of volunteers to pick fruit and vegetables from the orchards and fields you found. Help packing the fruits and vegetables afterwards.

Tip: *use the donated crops to cook a special meal at the soup kitchen of your choice.*

Bazaar Empowering People with Special Needs

Raise awareness of the need to integrate people with special needs into society by setting up a bazaar or market with booths that sell products made at occupational centers.

Tip: *make sure you advertise your bazaar well!*

Flash Mob

Nothing cheers a crowd up like a good flash mob! Anyone can do it, just pick a fun song and dance to it together. Even strangers will immediately light up.

Tip: *reach out to a dance company to make it look professional!*





You're now all set to change the world!

But... just in case, we're still here for you:

Good-Deeds-Day.org | info@good-deeds-day.org

